

Poster presentation

A comparative study on the effect of psychosocial factors on patient-doctor relationship in different clinical settings of a General Hospital

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from International Society on Brain and Behaviour: 3rd International Congress on Brain and Behaviour Thessaloniki, Greece. 28 November – 2 December 2007

Published: 17 April 2008

Annals of General Psychiatry 2008, **7**(Suppl 1):S112 doi:10.1186/1744-859X-7-S1-S112

This abstract is available from: <http://www.annals-general-psychiatry.com/content/7/S1/S112>

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Background

Interaction in patient - doctor relationship forms the basis of therapeutics throughout time. Psychosocial components of this relationship are crucial parameters for its success and may be expressed with different modalities in different clinical environments.

Materials and methods

An observational, cross-sectional survey of 40 patients and 17 doctors from a General Surgery department, 37 patients and 13 doctors from an Internal Medicine department. Participants' views on patient-doctor interaction, socio-demographic data and patients' personality traits were investigated for any effects on patients' emotional satisfaction.

Results

Internists, compared to surgeons, tended to favor encouraging patient's involvement with the decision-making process as well as demonstrating a more caring profile towards him ($p < .01$). Older physicians appear to further promote these differences in their respective settings.

Patients' views were strongly influenced by gender ($p < .01$) and age ($p < .05$) and formed in accordance with elements of their personality. Emotional evaluation of the patient - doctor relationship depended of the congruence

(or lack of) between their views in the Internal Medicine setting, but not in the Surgical department setting.

Surgical patients responded well to surgeons choosing to adapt an active interest on their general psychosocial status rather than assuming a rigid, 'biomedical' stance. ($p < .05$)

Conclusions

Unique patterns of interaction emerged in the separate settings, yet the adoption of a clinical style adhering to the general guidelines of the biopsychosocial model was appreciated by patients in internal medicine and surgical clinical settings alike, providing us with positive evidence to its value in modern-day therapeutics.