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Oral presentation

Female depression

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Depression is different in women. It is well known that depression in women occurs at a rate twice that of men. Women often experience different symptoms such as somatic symptoms, reverse vegetate symptoms or anxiety and more often experience seasonal affective disorder. Depression in women has a different course and a different response to treatment. Women may take longer to respond to antidepressant therapy, require lower dosages and experience more side effects than men. Yet, women attempted suicide more often but much less often successfully. Mood disorders in women include depressive syndromes during specific periods of their life cycle such as: the premenstrual dysphoric syndrome, the depressive syndrome during pregnancy, the postpartum mood disorders and the depressive syndromes during the perimenopausal period.

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