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Online and offline infidelity: impact on life Swati Singh*, Anit Singh and Gunjan Goyal

Address: M.L.N. Medical School, Allahabad, India

* Corresponding author

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Background

In today's technological development, internet and electronics has fueled the online and offline infidelity. This study has experiences of 700 participant's who shared there life experiences and attitude. Infidelity research analysis was done and sexual, emotional components were studied. Emotional infidelity consists of involving with someone other than partner that may be in the form of feeling, thought or in the form of physical exploration in internet chatting. Sexual infidelity is perceived as an act of betrayal that is as fruitful and satisfactory as in real life.

Materials and methods

Analysis of report is used to outline the scenario of online and offline infidelity.

Results

In today's context increased use of computers and cellphones has negatively effected the marital relationship. Infidelity online has risk of seperation, divorce, marital conflict and behavior problems in children. Cybercafe addiction may also present with depression, gambling and substance abuse.

Conclusions

Keeping in mind the above thoughts psychotherapist dealing with family problems need to be well oriented to handle the situation associated with online and offline infidelity.