

Poster presentation

The stressors of nurses of critical care units

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Background

Critical care units are the most sensitive professional units of hospital, and one of the stressors in nursing profession is working in these units. Observing dying patients, doing more work, communicational problems and other environmental factors are the main problems of these nurses. This study was performed to recognition problems of nurses working in critical care units of Ardabil hospitals.

Materials and methods

This is a descriptive study. The study population was the all of nurses working in critical units of Ardabil hospitals, contains 48 nurses and all of them were selected for the sample. The mean for collecting data was questionnaire.

Results

In this study 46% of nurses mentioned that new experiences in profession is the first problem and not to being able for decision-making about living and dying of patients is the second.

Conclusions

Surely cognition of the problems of nurses that working with patient directly can decrease potential problems and increase quality and quantity of nursing care.